

# SELF-DEVELOPMENT COACHING FOR EARLY TAKE-OFF™ PROGRAM



This Self – Development Coaching Program was developed for **children (or wards)** whose parents (or guardians) worry about their all-round development, but fear that they (the parents) will not have enough time to do much about it. Do you want to *give your child an “education” (and not just “schooling”) in the most complete sense of the word? You can awaken you child or ward’s love of learning and empower him/her to develop independence in pursuit of knowledge over time. If you are a responsible, loving adult who wants to play a very active role in preparing your child to excel in the real world, then you will want to enroll your child for this coaching program by Tayo Solagbade.*

**Description of target participants (coachees): Primary 5 to SSS 3 Students - Teenagers especially. However, no age restriction so long as the child is still in school.**

## PROGRAM HIGHLIGHTS

### Week 1 **PREPARING THE MIND**

- Interviews/Needs Analyses for individual coachees
- **Derivation of preliminary personal goals/objectives**
- The Self-Discovery Question/Answer Session.

“Uncle Tayo,

I will miss you greatly. All the same, I wish you the very best in life. Thanks for your invaluable input in my life.”  
**Ogbonnaya**” - Trainee engineering technician, after working under Tayo for 2 months.\*\*

### Week 2 **BUILDING THE STABLE/SUCCESS CONSCIOUS PERSONALITY**

- **What do you want to be in future – Discovering your Magnificent Obsession.**
- If you want to be Rich & Happy, Don’t Go To School? (R. Kiyosaki’s message)
- The BIG difference between “schooling” and “education”(Napoleon Hill’s)
- Why it is important to be “somebody.”
- Examples from the Nigerian versus the American environment.
- Developing an Emancipated Thinking Habit™.
- Importance of Self-Esteem: Why you have to be proud of being who you are (e.g. BLACK, NIGERIAN & AFRICAN)!

Sir,

There is virtually no amount of words to express my sincere gratitude for all you have taught me, and above all for the inspiration. You will always be my mentor and I wish you well in life. Osas” – Student/Industrial Attaché, who worked with Tayo for about 7 months.\*\*

### Week 3 **ACQUIRING THE KNOWLEDE, ATTITUDES AND SKILLS FOR SUCCESS**

- Developing Originality and Creativity: The importance of being a Thinker
- How to become an ideas generator™
- How to seek out and acquire ANY knowledge or skill you want or need.
- How to use the computer and the Internet to develop yourself.
- Unleashing the astounding power of the most intimate Self-Development resource in your life – YOUR PARENTS!
- Why you ABSOLUTELY MUST learn at least ONE vocation that can earn you STEADY income BEFORE you finish school.

“Great mentor,

This just can’t be the end. To me it is just the beginning ‘cos these corporate limitations are out of the way. ‘Your greatness is beyond measure. I believe you are set for a resounding success explosion. Best wishes. **Emma**” – Engineering Tradesman, who worked as trainee technician under Tayo for 1 year.\*\*

### Week 4 **EXERCISES GALORE**

- Now, how do you feel about “schooling” as compared to getting an “education”?
- Go back home and ask your parents the three key questions.
- Take a decision to play a definite role in society – spell it out!
- Agree a frequency of reporting to update your parents on progress you make.
- Commit to reading a Self-Help book every 2 months from TODAY.
- How to find a coach (es)/mentor(s) with who you’ll discuss what you learn from reading.
- What vocation have you decided to learn & WHEN do you intend to start?
- Set a target date to start earning income!!

“Tayo,

I honestly believe that you are one of those who will succeed at anything he does. Your commitment and effort has been outstanding. We are sorry to lose you but I wish you every success in the future. **Andy**” (Overall Head of site Tayo worked in) - after knowing Tayo for 11 months.\*\*

\*\*Handwritten comments in the “Thank You” card presented to Tayo Solagbade during a departmental send-off organized in his honour in Guinness Benin Brewery, on 19/12/01.

**THIS COACHING PROGRAM IS AVAILABLE FOR CHILDREN GROUPS IN SCHOOLS AND SOCIAL ORGANISATIONS**

**Private Face-To Face or Telephone/Web Based Coaching Is Also Available**

**For further information, call 0803-302-1263**

**E-mail: [info@sdacademy.org](mailto:info@sdacademy.org) | Web: [www.sdacademy.org](http://www.sdacademy.org)**